

ERGO ROUEN 06 DECEMBRE 2009**HANDI TA BRAS CORPS**

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	2	ENOC TA LEROY	05:13.4	1000	2:36.7
2	4	ENOC TA MILLE	06:16.1	1000	3:08.1
3	3	ENOC TA LEDENT	05:20.7	1000	2:40.3

HANDI MTA

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	3	ENOC MTA MONTEIRO - VALERA	04:11.4	1000	2:05.7
2	4	ENOC MTA BROYARD	04:53.7	1000	2:26.9

HANDI A BRAS SEUL

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	5	CNB A ASSMANN	06:02.5	1000	3:01.2
2	1	ENOC A DUCHESNE	07:30.4	1000	3:45.2
3	1	ENOC A FERREIRA	09:05.2	1000	4:32.6
4	2	ENOC A LESOBRE	09:06.3	1000	4:33.1

ERGO ROUEN 06 DECEMBRE 2009

PARENTS HOMMES

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	8	CNAR MASSON	03:25.5	1000	1:42.8
2	10	CNAR CATELAIN A.	03:34.8	1000	1:47.4
3	12	CNAR YVELIN	04:10.2	1000	2:05.1
4	7	CNAR POUILLAIN B.	04:24.6	1000	2:12.3

PARENTS FEMMES

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	11	CNAR LECUIT	03:55.4	1000	1:57.7
2	6	CNAR POUILLAIN V.	04:18.0	1000	2:09.0
3	9	CNAR ELOUART	04:18.2	1000	2:09.1
4	14	CNAR BELHACHEMI	04:30.7	1000	2:15.3
5	13	CNAR MALOU	04:44.3	1000	2:22.1

ERGO ROUEN 06 DECEMBRE 2009

UNSS

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	14	BLAISE PASCAL AIT ICHOU	03:34.3	1000	1:47.1
2	10	BLAISE PASCAL PRETERRE	03:42.9	1000	1:51.4
3	13	BLAISE PASCAL PLESSIS	03:50.2	1000	1:55.1
4	16	BLAISE PASCAL DELCOUR	03:50.3	1000	1:55.2
5	4	JP II DELARCHE	03:53.1	1000	1:56.5
6	11	BLAISE PASCAL MALLARD	03:57.3	1000	1:58.6
7	7	JP II MOËNS	04:02.3	1000	2:01.2
8	2	JP II YVELIN	04:07.9	1000	2:03.9
9	9	BLAISE PASCAL HACHE	04:09.8	1000	2:04.9
10	6	JP II ALLORY	04:12.6	1000	2:06.3
11	3	JP II LERICHE	04:16.5	1000	2:08.3
12	15	JP II BOYARD	04:45.0	1000	2:22.5
13	12	CNAR POUILLAIN	04:59.4	1000	2:29.7
14	8	JP II JARDINIER	05:04.9	1000	2:32.5
	1	JP II DELARME	00.0	0	
	5	JP II FRAPPER	00.0	0	

ERGO ROUEN 06 DECEMBRE 2009**LOISIRS - VETERANS HOMMES**

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	14	RR TREUNET	03:11.2	1000	1:35.6
2	1	ENV BERNAUD	03:23.9	1000	1:41.9
3	7	CNAR REBILLARD	03:31.6	1000	1:45.8
4	13	CNAR GERVASE	03:32.5	1000	1:46.3
5	9	ENV LANLOIS	03:34.7	1000	1:47.3
6	16	CNAR MIUS	03:40.4	1000	1:50.2
7	13	CNCC QUESNEL	03:41.4	1000	1:50.7
8	16	SHA COPIN	03:41.7	1000	1:50.8
9	6	CND OUVRY	03:42.4	1000	1:51.2
10	8	CNAR DEMULDER	03:45.6	1000	1:52.8
11	10	CNAR BELLEST	03:47.8	1000	1:53.9
12	11	CNAR RIONDET	03:56.1	1000	1:58.1
13	15	ENV LAPOTRE	03:56.8	1000	1:58.4
14	5	ACAT PEKNY	04:03.3	1000	2:01.6
15	14	CNAR BARBIER	04:04.4	1000	2:02.2
16	10	ENV DUPUIS	04:17.4	1000	2:08.7
17	2	SNA QUAILLET	04:21.0	1000	2:10.5
18	6	ENV BEAUJARD	04:21.9	1000	2:10.9
19	4	ACAT SCLINQUER B.H	04:23.9	1000	2:11.9
20	8	CCAM REZE	04:31.8	1000	2:15.9
21	9	CNAR BAILLEUL	04:37.5	1000	2:18.7

LOISIRS - VETERANS FEMMES

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	3	SHA PEZOA	03:45.7	1000	1:52.8
2	11	CNAR LÉCUIT	03:55.4	1000	1:57.7
3	11	CCAM HAMON	03:57.3	1000	1:58.6
4	7	CNAR DERIOT	03:59.0	1000	1:59.5
5	3	CNAR NOVICZKY	04:00.0	1000	2:00.0
6	15	CNAR BATAIS	04:03.2	1000	2:01.6
7	12	CNAR O'DONNELL	04:06.8	1000	2:03.4
8	4	CNAR HAMON	04:08.5	1000	2:04.3
9	5	CNAR GASPERINI	04:13.0	1000	2:06.5
10	1	ENV SOQUET	04:14.3	1000	2:07.2
11	2	CNAR MALANDAIN O.	04:30.7	1000	2:15.4

ERGO ROUEN 06 DECEMBRE 2009**BENJAMINS FILLES**

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	14	COMA BF ROMEUF	02:13.8	500	2:13.8
2	15	ENV BF CORNEC	02:32.7	500	2:32.7

BENJAMINS GARCONS

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	4	SHA BG LEDUEY	02:16.8	500	2:16.8
2	2	SNA BG CHRETIEN	02:19.1	500	2:19.1
3	11	ENV BG MAFURIER	02:24.3	500	2:24.3
4	10	SHA BG VAUGHAN	02:28.7	500	2:28.7
5	3	CND BG OUVRY	02:28.8	500	2:28.8
6	13	ENV BG CORMIER	02:30.8	500	2:30.8
7	6	ENV BG FILLIERES	02:39.6	500	2:39.6
8	5	ENV BG BEAUJARD	02:40.4	500	2:40.4
9	12	ENV BG VANDEPUTTE	02:43.4	500	2:43.4
10	8	ENV BG DUPUIS H.	02:56.6	500	2:56.6
11	9	ENV BG DUPUIS T.	03:06.7	500	3:06.7
	7	SNA BG GRASSET	00.0	0	

ERGO ROUEN 06 DECEMBRE 2009

MINIMES GARCONS

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	11	CHAM JUGE	03:27.5	1000	1:43.7
2	7	CNAR BONAMY	03:44.0	1000	1:52.0
3	1	CNAR CATELAIN	03:46.9	1000	1:53.5
4	9	CNAR CARPENTIER	03:51.8	1000	1:55.9
5	2	SNA DRUEL	03:52.1	1000	1:56.1
6	8	CNAR DELAMARE	03:54.2	1000	1:57.1
7	11	SHA DANIEL	03:54.6	1000	1:57.3
8	8	COMA AITELHADJ	03:54.7	1000	1:57.4
9	6	ENV SOLLEROT	03:59.7	1000	1:59.9
10	2	COMA CARCENAC	04:00.5	1000	2:00.2
11	13	CNAR VANDENBROUCKE	04:03.6	1000	2:01.8
12	14	SHA GUEROULT	04:04.7	1000	2:02.3
13	3	CNB COMTE	04:06.0	1000	2:03.0
14	12	CNAR LEBORGNE	04:07.0	1000	2:03.5
15	10	COMA MH CHAUME	04:08.2	1000	2:04.1
16	1	CNAR MH MASSON	04:09.7	1000	2:04.9
17	4	COMA AIT OUABBAS	04:11.7	1000	2:05.8
18	7	SNA SADOUX	04:17.9	1000	2:09.0
19	15	CNB BLOT	04:20.4	1000	2:10.2
20	12	COMA MH GRELIER	04:20.7	1000	2:10.4
21	7	CNAR MH POUILLAIN	04:23.5	1000	2:11.7
22	16	SHA BARATE	04:26.0	1000	2:13.0
23	9	SHA MH DUTOIT	04:27.8	1000	2:13.9
24	5	SHA FLORENTIN	04:32.2	1000	2:16.1
25	3	CND AINAGA	04:40.0	1000	2:20.0
26	6	CNCC MH KOBATIKA	04:41.3	1000	2:20.6
27	8	CNAR MH JARDEL	04:42.2	1000	2:21.1
28	9	COMA AUDIBERT	04:44.0	1000	2:22.0
29	6	ENV LESAGE	04:44.5	1000	2:22.3
30	13	COMA LASSOUED	04:47.1	1000	2:23.5
31	4	CNAR MH MOUGENEL	04:49.2	1000	2:24.6
32	5	SHA BAILLEUL	04:49.7	1000	2:24.8
33	14	SHA CHARLOT	04:53.9	1000	2:26.9
34	10	CNB BARRY	04:55.1	1000	2:27.6
35	10	CNB QUENET	05:02.3	1000	2:31.1
36	1	SNA HERBET	05:02.6	1000	2:31.3
37	2	ENV MH FARCY	05:19.7	1000	2:39.8
38	5	ENV MH LEBRIZAUT	05:19.8	1000	2:39.9
39	11	SHA MH CORLU	07:08.7	1000	3:34.4

ERGO ROUEN 06 DECEMBRE 2009**MINIMES FILLES**

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	15	CNAR SANCHEZ S.	03:55.7	1000	1:57.8
2	11	CNAR BELHACHEMI	03:59.4	1000	1:59.7
3	10	ENV DHAOUADI	04:00.7	1000	2:00.4
4	14	SHA LECOMTE	04:07.4	1000	2:03.7
5	15	SHA MF TORRE	04:09.4	1000	2:04.7
6	8	CNB GASPERINI	04:14.7	1000	2:07.3
7	7	CNAR SANCHEZ M.	04:16.0	1000	2:08.0
8	9	CNAR HUBY	04:18.2	1000	2:09.1
9	13	SNA CAROUGE	04:21.5	1000	2:10.8
10	6	CNAR LOISEL	04:24.1	1000	2:12.0
11	9	SHA MH DUTOIT	04:27.8	1000	2:13.9
12	2	CNB NIAY	04:28.9	1000	2:14.4
13	13	CNAR MF TANNEZIE	04:31.5	1000	2:15.7
14	16	CNAR MF MOLKHOU	04:35.4	1000	2:17.7
15	3	CNAR GIROT	04:44.0	1000	2:22.0
16	3	SHA MARTIN	05:11.5	1000	2:35.7
17	5	SHA HURAUT	05:17.3	1000	2:38.6
18	12	COMA MENACER	06:38.4	1000	3:19.2

ERGO ROUEN 06 DECEMBRE 2009

CADETS GARCONS

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	13	CNAR ESTIVAL	04:49.1	1500	1:36.4
2	15	SHA LECOMTE	04:54.4	1500	1:38.1
3	11	CNAR DELPIERRE	04:57.8	1500	1:39.3
4	12	COMA PILLOU	05:06.2	1500	1:42.1
5	13	CNAR EGRET	05:06.9	1500	1:42.3
6	14	COMA ROMEUF	05:07.9	1500	1:42.6
7	6	ACBB RIBOT	05:10.2	1500	1:43.4
8	5	ACBB RIBES	05:10.9	1500	1:43.6
9	2	ACBB AMARGIL	05:13.7	1500	1:44.6
10	3	CNAR DELAMARE	05:15.1	1500	1:45.0
11	14	ACBB LECLERCQ	05:17.5	1500	1:45.8
12	13	SHA MARTIN	05:22.3	1500	1:47.4
13	9	ACBB BOUYGE	05:23.7	1500	1:47.9
14	5	CNAR CHEVAL	05:24.4	1500	1:48.1
15	10	CND AINAGA	05:25.2	1500	1:48.4
16	11	COMA MAGRI - KERLOGOT	05:27.8	1500	1:49.3
17	2	SHA GUIGNERY DEBRIS	05:28.4	1500	1:49.5
18	1	ACBB LE MORVAN	05:28.5	1500	1:49.5
19	5	ACBB VERNET	05:28.6	1500	1:49.5
20	15	CNCC DELARUE	05:29.8	1500	1:49.9
21	2	ACBB BELLONI	05:30.1	1500	1:50.0
22	14	CND SAINTEMARIE	05:30.8	1500	1:50.3
23	12	ACBB CHAPON	05:31.4	1500	1:50.5
24	4	ACBB SCHULTZ	05:32.1	1500	1:50.7
25	16	ENOC GIARDINA	05:32.9	1500	1:51.0
26	8	SHA LEVERT	05:33.7	1500	1:51.2
27	3	COMA PUISAIS	05:34.2	1500	1:51.4
28	16	SNA VACAVANT	05:34.6	1500	1:51.5
29	4	ACBB DE ROUX	05:35.0	1500	1:51.7
30	16	ACBB SCHOEN	05:35.0	1500	1:51.7
31	2	CNAR LANDEL	05:35.3	1500	1:51.8
32	3	CNCC TOUPIN	05:35.3	1500	1:51.8
33	3	COMA CHOVET	05:37.9	1500	1:52.6
34	9	SNA DINGEON	05:41.0	1500	1:53.7
35	8	COMA LAFORT	05:41.2	1500	1:53.7
36	1	ACBB THOMAS	05:42.4	1500	1:54.1
37	6	CNAR BOSQUET	05:43.3	1500	1:54.4
38	4	SNA POILLY	05:45.3	1500	1:55.1
39	6	COMA CERVINI	05:45.3	1500	1:55.1
40	5	SHA SELLAMI	05:45.4	1500	1:55.1
41	3	ACBB RAMMAERT	05:48.5	1500	1:56.2
42	9	ACBB VIOLANTI	05:48.5	1500	1:56.2
43	10	ACBB THERIN	05:48.5	1500	1:56.2
44	10	CND OUVRY	05:51.1	1500	1:57.0

45	6	ACBB PERILLAT PERITOINE	05:51.3	1500	1:57.1
46	11	SHA MAILLARD	05:51.5	1500	1:57.2
47	5	ACBB HEPP	05:52.0	1500	1:57.3
48	1	ACBB HOSTEINS	05:52.5	1500	1:57.5
49	7	ACBB LINARES CRUZ	05:53.1	1500	1:57.7
50	11	CNAR ROBIN	05:53.8	1500	1:57.9
51	9	COMA STALIN	05:54.0	1500	1:58.0
52	12	ACBB NOVI	05:54.1	1500	1:58.0
53	7	SNA DUVANEL	05:54.8	1500	1:58.3
54	14	CNAR JEGOUSSE	05:55.8	1500	1:58.6
55	5	CNAR GILLET	05:56.7	1500	1:58.9
56	15	SHA COPIN	06:02.7	1500	2:00.9
57	15	COMA KATO	06:04.8	1500	2:01.6
58	10	ACBB BAYLE	06:09.6	1500	2:03.2
59	10	ENOC HASDENTEUSEL	06:13.7	1500	2:04.6
60	9	ACBB LUNDOUVIST	06:15.6	1500	2:05.2
61	8	CNAR LOUE	06:15.6	1500	2:05.2
62	12	CNCC LECOULTRE	06:16.7	1500	2:05.6
63	2	ACBB CONTAMINE	06:19.2	1500	2:06.4
64	7	CNB LOUISON	06:20.5	1500	2:06.8
65	7	ACBB QUINTANA	06:22.8	1500	2:07.6
66	8	CNB PONS	06:25.3	1500	2:08.4
67	16	SNA BONNET	06:25.5	1500	2:08.5
68	6	CNB QUENET	06:27.0	1500	2:09.0
69	3	CNAR MIQUEL	06:31.5	1500	2:10.5
70	4	ENOC BICHELBERGER	06:33.8	1500	2:11.3
71	7	CNB BARRAY	06:41.9	1500	2:14.0
72	13	ENOC TRARBACH	06:43.4	1500	2:14.5
73	15	CNAR FEL	06:46.1	1500	2:15.4
74	1	ACBB MAIRE	06:47.8	1500	2:15.9
75	2	SHA DUCREUX	06:51.0	1500	2:17.0
76	13	SHA EUDELIN	07:26.3	1500	2:28.8
77	12	ACBB GRIMALDI	07:28.5	1500	2:29.5

ERGO ROUEN 06 DECEMBRE 2009

CADETS FILLES

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	3	COMA TURCHI	05:52.6	1500	1:57.5
2	14	CND COQUET	05:52.9	1500	1:57.6
3	13	ACBB BASTE MORAND	05:56.4	1500	1:58.8
4	12	CNAR KABIRI	05:57.4	1500	1:59.1
5	8	ENOC DUPONT L.	06:00.7	1500	2:00.2
6	11	SHA SCHEPERS	06:01.1	1500	2:00.4
7	6	ENV GALETTE	06:04.1	1500	2:01.4
8	5	CNAR DOSSIER	06:09.0	1500	2:03.0
9	5	CND ROBERT	06:09.9	1500	2:03.3
10	10	CNAR ESTRIGOS	06:10.6	1500	2:03.5
11	4	ACBB MUSY	06:11.4	1500	2:03.8
12	2	SNA DESSAUX	06:12.6	1500	2:04.2
13	12	CNAR HAMON	06:15.9	1500	2:05.3
14	1	COMA HAVAS	06:16.1	1500	2:05.4
15	15	ACBB MENEZES FERREIRA	06:16.8	1500	2:05.6
16	11	SHA BLANCHET	06:21.1	1500	2:07.0
17	9	ACBB MATON	06:25.8	1500	2:08.6
18	13	ACBB MASZCZYK	06:26.5	1500	2:08.8
19	6	SHA LARCHER	06:27.1	1500	2:09.0
20	7	SHA SEJOURNANT	06:29.6	1500	2:09.9
21	4	CNAR PHILIPPE	06:31.0	1500	2:10.3
22	7	CNAR DERAIME	06:31.0	1500	2:10.3
23	2	ACBB BOIZOT	06:31.6	1500	2:10.5
24	9	ENOC MAKABROU	06:32.0	1500	2:10.7
25	10	CNAR MOKTEFI	06:35.1	1500	2:11.7
26	8	COMA PONSART	06:48.3	1500	2:16.1
27	16	SHA ROBERT	06:54.1	1500	2:18.0
28	14	ACBB DE VULPIAN	07:07.5	1500	2:22.5
29	17	ENV CORNEC	07:10.4	1500	2:23.5
30	16	SHA CHESSA	07:12.8	1500	2:24.3
31	15	SHA CARDON	07:22.9	1500	2:27.6
32	1	CNB COTTENCEAU	07:38.7	1500	2:32.9

ERGO ROUEN 06 DECEMBRE 2009

JUNIORS HOMMES

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	12	CND ROUILLE	06:32.0	2000	1:38.0
2	11	CNAR BONAMY	06:41.0	2000	1:40.3
3	5	ACBB DALBENAS	06:44.2	2000	1:41.0
4	15	CNAR MULOT	06:47.2	2000	1:41.8
5	7	CNAR PHILIPPE	06:47.4	2000	1:41.9
6	3	SNA LE GALLOUDEC	06:54.3	2000	1:43.6
7	14	ACBB TEROIN	06:54.6	2000	1:43.6
8	9	CCAM LEVEQUE	06:59.3	2000	1:44.8
9	4	CNAR FILLATRE	06:59.8	2000	1:44.9
10	13	CNAR MANGOT	07:01.2	2000	1:45.3
11	10	ACBB LIENHART	07:06.2	2000	1:46.6
12	16	SHA LEDUEY	07:09.4	2000	1:47.3
13	9	COMA DE LAMAZE	07:10.5	2000	1:47.6
14	2	CNAR SAUVAL	07:11.3	2000	1:47.8
15	11	CNAR LEGRAND	07:12.6	2000	1:48.1
16	1	ACAT SUDRE	07:15.6	2000	1:48.9
17	6	ENOC BARRETT	07:16.3	2000	1:49.1
18	16	ACBB WOOD	07:17.0	2000	1:49.2
19	8	ACBB MARECHAL	07:24.9	2000	1:51.2
20	7	SHA VARNIER	07:31.9	2000	1:53.0
21	10	COMA GOMRI	07:33.4	2000	1:53.3
22	1	SHA SCHUHLER	07:34.4	2000	1:53.6
23	2	CNCC BACHELET	07:35.4	2000	1:53.9
24	15	ACBB LAVACQUERY	07:39.5	2000	1:54.9
25	4	SNA POILLY	07:50.9	2000	1:57.7
26	3	CNB MELOU	07:53.0	2000	1:58.3
27	13	SNA LAIGNEL	07:53.5	2000	1:58.4
28	5	SHA MARGUERITE	07:55.7	2000	1:58.9
29	8	CNCC VECTOUX	08:13.1	2000	2:03.3

ERGO ROUEN 06 DECEMBRE 2009**JUNIORS FEMMES**

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	13	CNAR DOSSIER	07:21.8	2000	1:50.4
2	12	ACBB GIRAUD	07:40.3	2000	1:55.1
3	11	CNAR LOISEL	07:44.5	2000	1:56.1
4	10	SHA GERBRON	07:45.4	2000	1:56.3
5	9	ACBB ROBERT	07:50.7	2000	1:57.7
6	14	COMA PIOT	07:54.5	2000	1:58.6
7	15	SHA LAINE	07:57.7	2000	1:59.4
8	7	CNAR MORIN	08:24.3	2000	2:06.1
9	6	ACBB TALAMONA	08:29.4	2000	2:07.3
10	3	ACBB GALVEZ	08:40.2	2000	2:10.1
11	4	CNAR FRANCISCO	09:15.9	2000	2:19.0

ERGO ROUEN 06 DECEMBRE 2009**SENIORS HOMMES POIDS LEGERS**

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	14	COMA BEIGNON	06:27.7	2000	1:36.9
2	13	CNAR NOVICZKY	06:33.8	2000	1:38.4
3	11	CNAR ELOUART	06:34.6	2000	1:38.6
4	16	CNAR CATELAIN	06:49.3	2000	1:42.3
5	15	ACBB CHARPENTIER	06:53.3	2000	1:43.3
6	10	ACBB BOIZOT	06:56.6	2000	1:44.2
7	7	SHA WEISS	07:00.7	2000	1:45.2
8	6	ACBB ROLO	07:01.1	2000	1:45.3
9	8	ACBB CHAOUCH	07:10.4	2000	1:47.6
10	5	ACBB GUILLAMET	07:13.2	2000	1:48.3
11	4	CCAM OZOUF	07:15.7	2000	1:48.9
12	17	CNCC QUESNEL	07:26.9	2000	1:51.7
13	12	ENV FINET	07:53.8	2000	1:58.5
14	1	CNB BLOT	08:01.0	2000	2:00.2

ERGO ROUEN 06 DECEMBRE 2009

SENIORS FEMMES

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	12	CNAR MULOT	07:21.6	2000	1:50.4
2	14	CND OUVRY	07:42.5	2000	1:55.6
3	6	CCAM JUGE	07:50.4	2000	1:57.6
4	10	SNA POLLARD	07:57.0	2000	1:59.2
5	13	COMA HELBECQUE	08:06.0	2000	2:01.5
6	11	ACBB EYBER	08:23.3	2000	2:05.8
7	5	COMA OLIVEIRA SALGADO	08:36.0	2000	2:09.0

ERGO ROUEN 06 DECEMBRE 2009**SENIORS HOMMES TOUTES CATEGORIES**

PLACE	Num ergo	NOM PRENOM	TEMPS	DISTANCE	AVG PACE
1	5	ACBB POITRAT	06:16.2	2000	1:34.0
2	13	CNAR PIMONT	06:19.1	2000	1:34.8
3	12	CNAR MILLOT	06:19.5	2000	1:34.9
4	4	CNAR LEGAY	06:28.0	2000	1:37.0
5	10	CND LAUDE	06:28.2	2000	1:37.1
6	15	CNAR BOUILLANT J.B	06:30.7	2000	1:37.7
7	3	CCAM LOHIER	06:31.4	2000	1:37.8
8	11	COMA GRZESIAK	06:31.8	2000	1:37.9
9	6	CNAR WEISS	06:32.6	2000	1:38.1
10	1	ACBB CALL	06:32.7	2000	1:38.2
11	14	ACBB RHEIN	06:35.9	2000	1:39.0
12	8	CNAR DESANTI	06:39.1	2000	1:39.8
13	5	ACBB THOMASSIER	06:40.2	2000	1:40.1
14	2	CNAR BURNOD	06:44.4	2000	1:41.1
15	7	ACBB PELLEGRINO	06:45.1	2000	1:41.3
16	2	CNCC PRIEUX	06:48.6	2000	1:42.2
17	7	ACBB BANTON	06:55.7	2000	1:43.9
18	8	SHA VERSTAVEL	06:56.7	2000	1:44.2
19	9	CNAR BOUILLANT M.	06:57.1	2000	1:44.3
20	3	SNA DROCOURT	07:59.1	2000	1:59.8
21	9	SNA AZOUZZ	08:21.4	2000	2:05.4
22	13	ACAT FRENOT	10:19.3	2000	2:34.8